



HyVee
health | **EXEMPLAR**
care

Virtual Care: Comprehensive Healthcare at Your Fingertips

Access personalized care from our primary care providers, anytime and anywhere. Through convenient chat and video consultations, Exemplar Care Virtual Care brings quality healthcare right to you, no matter where you are.

Personalized Primary Care with a Dedicated Team

Exemplar Care pairs you with providers as part of an integrated care team that brings a personal touch to whole-person care. Your dedicated provider is committed to understanding your unique health needs, and delivering exceptional support and guidance at every step.

Comprehensive Virtual Health Services

Access all essential primary care services—from routine wellness visits to electronic prescription refills and in-depth health risk assessments—all through one convenient virtual platform. With Exemplar Care, you get comprehensive care that fits seamlessly into your life.

Responsive Urgent and Chronic Care

Whether it's a sudden need for urgent care or ongoing chronic condition management, Exemplar Care is here around the clock, eliminating long waits and the usual barriers to care. Our proactive approach includes risk evaluations making it easier to address concerns early and helping you stay ahead in managing your health.

Aplos Provides Your Link To Virtual Behavioral Health

Aplos offers nationwide virtual access to therapy, counseling, and psychiatry, addressing mental health care gaps. Members connect with licensed professionals for issues like PTSD, addiction, and family behavioral health. Services include counseling, medication management, health risk assessments, and proactive care analytics.

Visit Aplos.health and download your Aplos App today to get started!

